

Product Name: Cold Process Salt soap

Ingredient	Weight in grams
Coconut Oil (Solid)	600g
Olive Oil	330g
Castor Oil	70g
Sodium Hydroxide/Lye	139g
Water	250g
Salts (Himalayan or Sea)	400g
Optional	
Clays Illite / Kaolin / Montmorillonite / Moroccan Lava Clay / Bentonite	+/- 10g
Charcoal up to	+/- 2.5g
Botanicals for Decoration Cornflower, Rose Petal, Heather, Calendula, Poppy Seeds, Dried Rosemary, Lavender Buds	+/- 1g

Essential oils

(As per your CPSR)

For those trying the recipe before buying, the following oils are used in the single essential oils ready made report, as an example. Other options available, see below.

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|----|--------------------------|-----|
| 1. | Lavender Essential Oil | 30g |
| 2. | Lemon Essential Oil | 30g |
| 3. | Rosemary Essential Oil | 30g |
| 4. | Peppermint Essential Oil | 30g |
| 5. | Grapefruit Essential Oil | 30g |
| 6. | Geranium Essential Oil | 30g |
| 7. | Unfragranced | - |

We also offer an EO blends ready made CPSR with 6 set essential oil blends plus a “choose your own blends” ready made CPSR where you can select from a list of 1-37 different blends and come back later to add more to your CPSR. See the product listings for more information.

One important thing to note is that salt bars set very quickly. They can be made in cavity moulds. If using a loaf mould, remove within a couple of hours/slice as soon as you are able.

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